

# Describing a Goal

When **describing a goal**, a writer tells about something that he or she wanted to achieve and did achieve. The writer uses supporting details that tell how the goal was reached and why it was meaningful.

## My 5K Race

First paragraph—  
gives background  
information.

Each year our school has a field day. Students compete in running and jumping events. I didn't compete last year. I decided to enter next year's 5K race when I was stronger.

Details explain  
how the writer  
prepared to  
reach the goal.

My brother helped me train three days a week at the school track. Soon I could run three kilometers without stopping. I was slow at first, but each week I felt stronger. Sometimes I felt as if I could run forever! When field day rolled around, I was ready.

Details describe  
how the goal was  
finally reached.

Halfway through, two other runners and I led the race. The stiff competition made me even stronger. I won the race!

Last three  
sentences  
tell why  
accomplishing  
the goal was  
meaningful.

I was thrilled, but not because I beat other runners. I had set a tough goal. I had achieved it through hard work.